

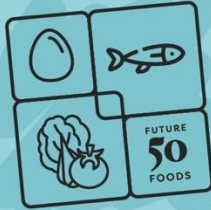
Let's make a greener choice this school year!

Help protect the environment by choosing our planet-friendly dishes. Here's how we're making a difference:

### Sustainable Dish

Our new menu features dishes with a lower environmental footprint! To qualify as a sustainable dish, the dish will either contain ingredients from one of the categories below:

Cage-Free Eggs



Sustainable Seafood

Seasonal Vegetables

Future 50 Foods

### Plant-forward Meal

Eating more plant-based ingredients means a healthier planet! We design most of our dishes with **70% plant-based ingredients** and **30% animal-based ingredients** – balancing taste and sustainability. Full vegetarian options are still available daily.



### Future 50 Foods

Curious about Future 50 Foods? This global list includes nutrient-rich vegetables, grains, legumes, seeds, and nuts that boost nutrition while reducing the environmental impact of our food supply.



Download the full report here



Share your thoughts!

We look forward to hearing from you!



Traffic light guide

Our menu is planned based on the **Traffic Light Guide**. Read more here:



All about allergens

Please note that our kitchen handles and prepares the following allergens:

If your child has specific dietary needs, kindly inform our catering team in advance.



**Disclaimer** (i) Whilst every care has been taken to ensure the cross contamination is minimal within our kitchens, circumstances may arise which are out of our control and could alter the accuracy of the allergen information provided. We would therefore recommend that you do not rely solely on this information. This does not affect your statutory rights. (ii) The cooking oil in the deep fryer and the broth in the noodle pots are used to cook allergen-containing foods, potentially transferring allergens between different food products. Kindly consult a food service team member if you have any questions about food allergies before placing your order.

# Lunch Menu Apr 2026

**Plant Forward**  
Monday

Tuesday

Wednesday

**Fun Thursday**

Friday









































































13/Apr

14/Apr

15/Apr

16/Apr

17/Apr

<u>Meal A</u> \$38	Chicken Primavera Sauce with Pasta 	 Shrimp Arrabbiata with Pasta    	 Tuna in Creamy Spinach Sauce with Pasta    	Hot Dog with Fries   	 Baked Fish with Herb Crust with Roasted Potatoes    
<u>Meal B</u> \$38 	Red Kidney Bean Broccoli-Lemon Sauce with Pasta   	 Vegetarian Fried Rice in Tomato Sauce   	Spinach, Cauliflower & Chickpeas Curry with Red Rice   	 Vegetarian Pad Thai   	Stir-fried Dried Tofu, Broccoli & Carrot with Multi Grain Rice  
<u>Chef Special</u> \$42	Cuban Mojo Pork Loin with Multi Grain Rice	 Fish Fillet with Lemon Capers Tomato Sauce with Corn Rice   	 Wurst Eintopf (Sausage, Tomato and Potato Cheese Baked) 	 Yang Zhou Fried Rice (BBQ Pork and Shrimp)    	Thai Grilled Chicken Salad with Asian Slaw in Bang Bang Dressing (non-spicy)    
<u>Sandwich</u> \$35	 Onion & Egg Salad Sandwich    	Grilled Ham & Cheese Sandwich   	Korean Chicken Sandwich   	Tuna Salad Sandwich     	Club Sandwich (Chicken, Ham, Lettuce & Tomato)    
Vegetables Apply for Meal A B and Chef Special 	Brassica & Corn	Cauliflower & Beans	Sautéed Cabbage & Shitake Mushroom	Roasted Carrot & Zucchini	Assorted Sautéed Vegetables

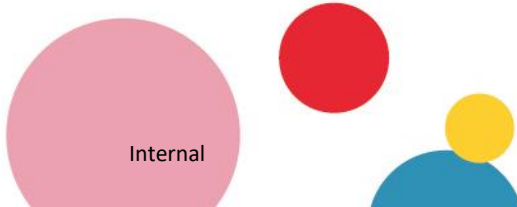
 Eat More 適宜  
Eat Moderately 限量  
Eat Less 少量

 Vegetarian 素食  
 Sustainable Seafood 可持續海鮮

 Egg Alert 含蛋類  
 Dairy Alert 含奶類  
 Soy Alert 含大豆

 Fish Alert 含魚類  
 Shellfish Alert 含貝殼類海鮮  
 Peanut Alert 含花生

 Tree Nuts Alert 含堅果  
 Wheat Alert 含小麥



Internal



20/Apr

21/Apr

22/Apr

23/Apr

24/Apr

<u>Meal A</u> \$38	Mexican Shredded Pork with Mixed Vegetables with Herbed Potatoes	Bobotie - Beef Casserole with Egg Custard with Red Rice 	Bacon Mushroom Sauce with Pasta 	Korean Chicken Pizza with Roasted Potatoes 	Italian Diced Pork with Pumpkin Stew with Corn Rice 
<u>Meal B</u> \$38 	Japanese Curry with Veggies & Tofu with Multi Grain Rice 	Chakalaka - Vegetables and Beans Stew with Red Rice (Mild) 	Sweet & Sour Veggie Meatball with Pasta 	Shanghai Fried Noodle with Dried Tofu 	Mixed Vegetables in Green Curry with Corn Rice 
<u>Chef Special</u> \$42	Stir-Fried Beef with Broccoli & Cauliflower with Multi Grain Rice 	Frikkaddels - Pork Meatballs in Onion Gravy with Pasta 	Pan-fried Tandoori Fish Fillet with Multi Grain Rice 	Pork Chop in Onion Sauce with Multi Grain Rice 	Greek Salad with Smoked Salmon and Mozzarella in Lemon Vinaigrette 
<u>Sandwich</u> \$35	Tuna Melt Sandwich 	Chicken & Corn Sandwich 	Chorizo & Cheese Sandwich (non-spicy) 	B.L.T Sandwich 	Chicken Mayo & Cheese Sandwich 
Vegetables Apply for Meal A B and Chef Special 	Cabbage & Bean	Broccoli & Corn	Sautéed Cabbage & Shitake Mushroom	Cauliflower & Zucchini	Assorted Sautéed Vegetables



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適宜

Eat Moderately  
限量

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Vegetarian  
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Peanut Alert  
含花生



Tree Nuts Alert  
含堅果



Wheat Alert  
含小麥

Internal

# Lunch Menu Apr 2026



Tuesday

Wednesday



Friday

27/Apr

28/Apr

29/Apr

30/Apr

<p><u>Meal A</u> \$38</p>	<p>Fungi Ragu with Corn Rice</p>	<p> New Orleans Fish with Multi Grain Rice</p>	<p> Kimchi &amp; Shrimp Fried Rice with Nori</p>	<p>Bolognese Sauce Pasta (Beef)</p>	
<p><u>Meal B</u> \$38</p>	<p>Braised E-Fu Noodle</p>	<p> Japanese Style Stir-fried Udon Mix Vegetables &amp; Shredded Egg</p>	<p> Swiss Baked Pasta with Fried Shallot (Älplermagronen)</p>	<p>Quesadilla with Corn, Bean, Mixed Vegetables and Cheese with Fries</p>	
<p><u>Chef Special</u> \$42</p>	<p>Vegetarian Meat Lasagna</p>	<p>Beef Gyro (Beef in Pita Bread Wrap) with Roasted Potatoes</p>	<p>Garlic Thyme Grilled Whole Chicken Leg with Red Rice</p>	<p>Fish Burger with Fries</p>	
<p><u>Sandwich</u> \$35</p>	<p> Egg Salad &amp; Cucumber Sandwich</p>	<p>Ham &amp; Cheese Sandwich</p>	<p>Tuna Melt Sandwich</p>	<p>Chicken Salad Sandwich</p>	
<p>Vegetables Apply for Meal A B and Chef Special</p>	<p>Cabbage &amp; Bean</p>	<p>Broccoli &amp; Corn</p>	<p>Assorted Sautéed Vegetables</p>	<p>Cauliflower &amp; Zucchini</p>	

	<b>Eat More</b> 適宜	<b>Vegetarian</b> 素食	<b>Egg Alert</b> 含蛋類	<b>Fish Alert</b> 含魚類	<b>Tree Nuts Alert</b> 含堅果
	<b>Eat Moderately</b> 限量	<b>Sustainable Seafood</b> 可持續海鮮	<b>Dairy Alert</b> 含奶類	<b>Shellfish Alert</b> 含貝殼類海鮮	<b>Wheat Alert</b> 含小麥
	<b>Eat Less</b> 少量	<b>Soy Alert</b> 含大豆	<b>Peanut Alert</b> 含花生		

