

Let's make a greener choice this school year!

Help protect the environment by choosing our planet-friendly dishes. Here's how we're making a difference:

Sustainable Dish

Our new menu features dishes with a lower environmental footprint! To qualify as a sustainable dish, the dish will either contain ingredients from one of the categories below:

Cage-Free Eggs			Sustainable Seafood
Seasonal Vegetables			Future 50 Foods

Plant-forward Meal

Eating more plant-based ingredients means a healthier planet! We design most of our dishes with **70% plant-based ingredients** and **30% animal-based ingredients** – balancing taste and sustainability. Full vegetarian options are still available daily.

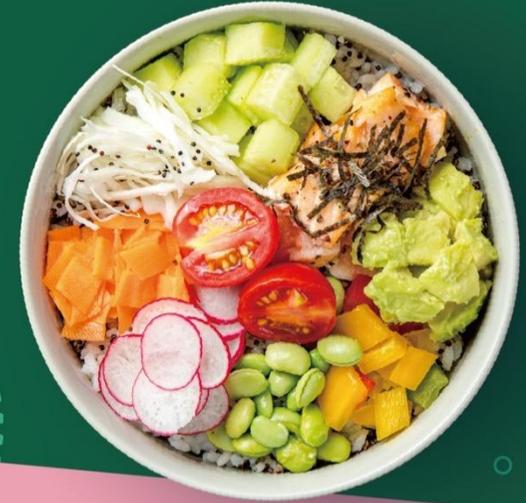


Future 50 Foods

Curious about Future 50 Foods? This global list includes nutrient-rich vegetables, grains, legumes, seeds, and nuts that boost nutrition while reducing the environmental impact of our food supply.



Download the full report here



Share your thoughts!

We look forward to hearing from you!



Traffic light guide

Our menu is planned based on the Traffic Light Guide. Read more here:



All about allergens

Please note that our kitchen handles and prepares the following allergens:

If your child has specific dietary needs, kindly inform our catering team in advance.

 Eggs	 Dairy	 Nuts	 Shellfish
 Fish	 Soy	 Gluten	 Peanuts

Disclaimer (i) Whilst every care has been taken to ensure the cross contamination is minimal within our kitchens, circumstances may arise which are out of our control and could alter the accuracy of the allergen information provided. We would therefore recommend that you do not rely solely on this information. This does not affect your statutory rights. **(ii)** The cooking oil in the deep fryer and the broth in the noodle pots are used to cook allergen-containing foods, potentially transferring allergens between different food products. Kindly consult a food service team member if you have any questions about food allergies before placing your order.

Lunch Menu Feb 2026

Plant Forward
Monday

Tuesday

新年快乐



Fun Thursday

Friday

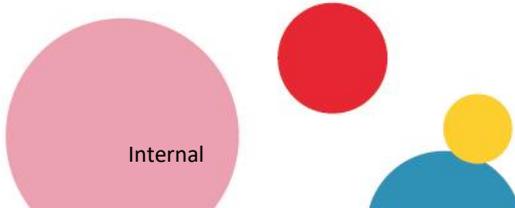
	2/Feb	3/Feb	4/Feb	5/Feb	6/Feb
<u>Meal A</u> \$39	Italian Beef Bolognese 	Sliced Chicken with Enoki Mushroom & Bok Choy 	Shrimp with Jade Zucchini & Carrot	Pepperoni & Cheese Pizza 	Shanghai Fried Noodle with Shredded Pork & Cabbage
<u>Meal B</u> \$39 	Spiced Quinoa with Corn, Carrot, French Beans, and Chickpeas 	Pasta Baked with Creamy Mushroom & Spinach	Lettuce & Mushroom with Vegetarian Ham in Vegetarian Oyster Sauce	Vietnamese Cold Vermicelli with Vegetarian Ham	Fungi Ragu (Mixed Mushroom, Cherry Tomato, Potato, Celery, Basil, Tomato Sauce)
<u>Chef Special</u> \$45	Fish Fillet with Lemon Capers Tomato Sauce 	Diced Pork Loin with Vegetables in Mustard Gravy 	Turnip Cake & Chicken Chow Mein	Baked Chicken Parma	Mediterranean Bean, Tuna & Egg Salad in Basil Nut-free Pesto Dressing
<u>Starch</u> Apply for all Meal A or B	Corn on the Cob Penne	Steamed Rice Roasted Potatoes	Multi Grain Rice	Fries Mashed Potato	Multi Grain Rice Penne
<u>Soup Noodles</u> \$42	Tomato & Chicken with Soup Rice Noodles	Fried Fish Block with Soup Noodles	Hong Kong Style Beef Ball with Soup Noodles	Japanese BBQ Pork with Soup Noodles	x
<u>Vegetables</u> 	Brassica & Corn	Cauliflower & Beans	Choy Sum	Roasted Carrot & Zucchini	Assorted Sautéed Vegetables

Eat More 適宜

Eat Moderately 限量

Eat Less 少量

- Vegetarian 素食
- Sustainable Seafood 可持續海鮮
- Egg Alert 含蛋類
- Dairy Alert 含奶類
- Fish Alert 含魚類
- Shellfish Alert 含貝殼類海鮮
- Tree Nuts Alert 含堅果
- Wheat Alert 含小麥
- Soy Alert 含大豆
- Peanut Alert 含花生



Lunch Menu Feb 2026



Monday

Tuesday

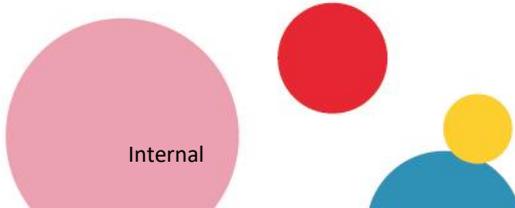
Wednesday



Friday

	9/Feb	10/Feb	11/Feb	12/Feb	13/Feb
Meal A \$39	Chicken, Corn, Mixed Bell Peppers Frittata 	Fish Fillet in Creamy Thyme Mustard Sauce 	Chicken Alfredo with Pasta 	Fish Fillet Cheeseburger 	Diced Pork in Tomato Sauce
Meal B \$39 	Kale & Spinach Mac & Cheese 	Japanese Style Stir-fried Udon Mix Vegetables & Shredded Egg 	Korean Vegetables Egg Fritters 	Swiss Baked Pasta with Fried Shallot (Älplermagronen) 	Vegetarian Japanese Steamed Egg (tofu, mixed mushrooms & corn)
Chef Special \$45	Stir-Fried Beef with Broccoli & Cauliflower 	German Pork Roast (Schweinebraten) 	Portuguese Seafood Rice 	Char Siu 	Greek Salad with Smoked Salmon and Fetta in Lemon Vinaigrette
Starch Apply for all Meal A or B	Roasted Potatoes Rice	Quinoa Rice Mashed Potato	Spaghetti Red Rice	Fries Red Rice	Carrot Rice Spaghetti
Soup Noodles \$42	Fish Spring Roll with Rice Noodles Soup 	Japanese Sliced Beef with Soup Rice Noodles 	Shanghai Style Wonton with Noodles Soup 	Taiwanese Beef Stew with Soup Rice Noodles 	x
Vegetables 	Cabbage & Bean	Broccoli & Corn	Sautéed Cabbage	Cauliflower & Zucchini	Assorted Sautéed Vegetables

	Eat More 適宜	Vegetarian 素食	Egg Alert 含蛋類	Fish Alert 含魚類	Tree Nuts Alert 含堅果
	Eat Moderately 限量	Sustainable Seafood 可持續海鮮	Dairy Alert 含奶類	Shellfish Alert 含貝殼類海鮮	Wheat Alert 含小麥
	Eat Less 少量		Soy Alert 含大豆	Peanut Alert 含花生	

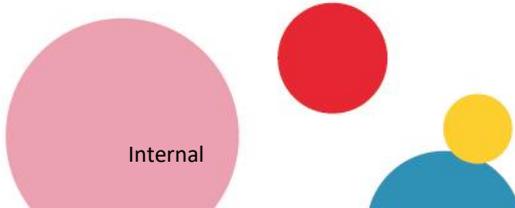


Lunch Menu Feb 2026



	Monday 23/Feb	Tuesday 24/Feb	Wednesday 25/Feb	Fun Thursday 26/Feb	Friday 27/Feb
<u>Meal A</u> \$39	CPD Day	Bacon Mushroom Sauce 	Roasted Paprika-Lemon Chicken with Potato & Cauliflower	Ham & Pineapple Pizza 	Tuna in Creamy Spinach & Kale Sauce
<u>Meal B</u> \$39 		Italian Bean Stew	Stir-fried Rice Vermicelli with Bak Choy, Broccoli, Carrot and Shredded Eggs 	Japanese Curry with Veggies & Tofu 	Broccoli & Cheddar Frittata
<u>Chef Special</u> \$45		Garlic Thyme Grilled Whole Chicken Leg	Shrimp & Broccoli with (Nut-free) Pesto Sauce 	Fish & Chips 	Shrimp Avocado Salad with Lemon Mayonnaise Dressing
<u>Starch</u> Apply for all Meal A or B		Red Rice Spaghetti	Multi Grain Rice Penne	Multi Grain Rice Fries	Roasted Potatoes Penne
<u>Soup Noodles</u> \$42		Assorted Fish Cake with Soup Vermicelli 	Assorted Meat Balls with Soup Egg Noodles 	Crispy Chicken wing with Soup Rice Noodles 	X
<u>Vegetables</u> 		Cauliflower & Carrot	Sautéed Cabbage	Broccoli & Corn	Assorted Sautéed Vegetables

	Eat More 適宜	Vegetarian 素食	Egg Alert 含蛋類	Fish Alert 含魚類	Tree Nuts Alert 含堅果
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Internal

