

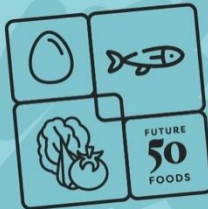
Let's make a greener choice this school year!

Help protect the environment by choosing our planet-friendly dishes. Here's how we're making a difference:

Sustainable Dish

Our new menu features dishes with a lower environmental footprint! To qualify as a sustainable dish, the dish will either contain ingredients from one of the categories below:

Cage-Free Eggs



Sustainable Seafood

Seasonal Vegetables

Future 50 Foods

Plant-forward Meal

Eating more plant-based ingredients means a healthier planet! We design most of our dishes with **70% plant-based ingredients** and **30% animal-based ingredients** – balancing taste and sustainability. Full vegetarian options are still available daily.

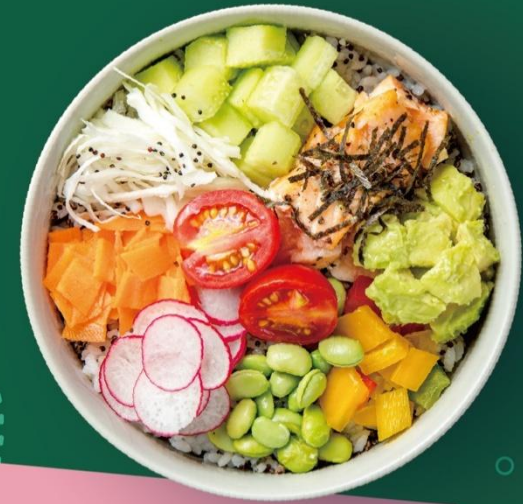


Future 50 Foods

Curious about Future 50 Foods? This global list includes nutrient-rich vegetables, grains, legumes, seeds, and nuts that boost nutrition while reducing the environmental impact of our food supply.



Download the full report here



Share your thoughts!

We look forward to hearing from you!



Traffic light guide

Our menu is planned based on the **Traffic Light Guide**. Read more here:



All about allergens

Please note that our kitchen handles and prepares the following allergens:

If your child has specific dietary needs, kindly inform our catering team in advance.



Disclaimer (i) Whilst every care has been taken to ensure the cross contamination is minimal within our kitchens, circumstances may arise which are out of our control and could alter the accuracy of the allergen information provided. We would therefore recommend that you do not rely solely on this information. This does not affect your statutory rights. (ii) The cooking oil in the deep fryer and the broth in the noodle pots are used to cook allergen-containing foods, potentially transferring allergens between different food products. Kindly consult a food service team member if you have any questions about food allergies before placing your order.

Lunch Menu June 2026



Plant Forward
Monday

Tuesday

Wednesday

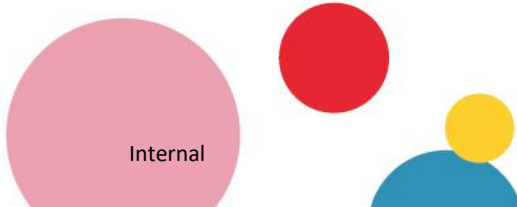
Fun Thursday

Friday

	1/Jun	2/Jun	3/Jun	4/Jun	5/Jun
<u>Meal A</u> \$39	Braised Chicken in Portuguese Style & Rice 	Pork Stroganoff with Rice 	Braised Chicken & Potato with Rice 	Fish Burger with Fries     	Chicken Steak in Garlic Sauce with Roasted Potatoes   
<u>Meal B</u> \$39 	 Sustainable Dish Mixed Vegetable & Egg Stir-fried Udon   	Broccoli Mac & Cheese 	Vegetarian Stir-fried Shanghai Noodles   	Pizza Margherita with Sweet Corn   	 Sustainable Dish Shiitake & Chickpeas Bolognese with Rice  
<u>Chef Special</u> \$45	 Sustainable Dish Sweet and Sour Fish with Rice     	 Sustainable Dish Baked Orange Pumpkin & Shrimp with Pasta    	Japanese Teriyaki Pork Chop with Rice  	 Chicken Schnitzel with Fries    	Mediterranean Bean, Tuna & Egg Salad in Basil Nut-free Pesto Dressing    
<u>Starch</u> Apply for all Meal A or B	Multi Grain Rice Penne Pasta 	Corn Rice Macaroni 	Red Rice Penne Pasta 	Fries Sweet Corn	Multi Grain Rice Roasted Potatoes
<u>Soup Noodles</u> \$42	Smoked Duck Breast Noodles Soup  	Lemongrass Chicken Wings Noodles Soup   	Hong Kong Style Beef Balls with Noodles Soup  	Japanese BBQ Pork with Noodles Soup  	x
<u>Vegetables</u> 	Brassica & Corn	Cauliflower & Beans	Sautéed Cabbage & Shitake Mushroom	Cauliflower & Zucchini	Assorted Sautéed Vegetables

Eat More 適宜  **Eat Moderately 限量**  **Eat Less 少量** 

-  Vegetarian 素食
-  Sustainable Seafood 可持續海鮮
-  Egg Alert 含蛋類
-  Dairy Alert 含奶類
-  Soy Alert 含大豆
-  Fish Alert 含魚類
-  Shellfish Alert 含貝殼類海鮮
-  Peanut Alert 含花生
-  Tree Nuts Alert 含堅果
-  Wheat Alert 含小麥



Lunch Menu June 2026

Plant Forward

































































Monday

Tuesday

Wednesday

Fun Thursday

Friday

	8/Jun	9/Jun	10/Jun	11/Jun	12/Jun
<u>Meal A</u> \$39	 Sliced Chicken with Enoki Mushroom & Bok Choy with Rice  	 Fish Fillet in Creamy Thyme Mustard Sauce with Pasta     	Thai Style Pineapple & Chicken Fried Rice   	Pepperoni Pizza with Roasted Potatoes   	Italian Meatballs (pork) in Tomato Sauce with Spaghetti   
<u>Meal B</u> \$39 	Sweet & Sour Vegetarian Meatballs with Multi Grain Rice   	Mixed Vegetables Tikka Masala with Rice   	Corn & Broccoli Mac & Cheese   	 Spinach, Corn, Tomato Cheese Lasagna    	Steamed Pumpkin and Egg with Corn Rice   
<u>Chef Special</u> \$45	Pork Chop with Vegetables in Mustard Gravy with Potatoes   	Barbecue Chicken With Multi Grain Rice  	Vietnamese Lemongrass Porkchop with Multi Grain Rice   	Honey Glazed Roasted Chicken Leg with Rice  	 Greek Salad with Smoked Salmon and Mozzarella in Lemon Vinaigrette  
<u>Starch</u> Apply for all Meal A or B	Herbed Potatoes Multi Grain Rice	Multi Grain Rice Penne Pasta 	Multi Grain Rice Macaroni 	Steamed Rice Roasted Potatoes	Corn Rice Spaghetti Pasta 
<u>Soup Noodles</u> \$42	Fish Balls Noodles Soup   	Pork Dumplings & Soy Egg with Noodles Soup   	Smoked Duck Breast with Noodles Soup  	Japanese Style Pork Cartilage with Noodles Soup   	x
<u>Vegetables</u> 	Cabbage & Bean	Broccoli & Corn	Sautéed Cabbage & Shitake Mushroom	Roasted Carrot & Zucchini	Assorted Sautéed Vegetables



Eat More
適宜

Eat Moderately
限量

Eat Less
少量



Vegetarian
素食



Sustainable Seafood
可持續海鮮



Egg Alert
含蛋類



Dairy Alert
含奶類



Soy Alert
含大豆



Fish Alert
含魚類



Shellfish Alert
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Peanut Alert
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Tree Nuts Alert
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Wheat Alert
含小麥

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Lunch Menu June 2026



Wednesday



Friday

	15/Jun	16/Jun 	17/Jun	18/Jun	19/Jun
<u>Meal A</u> \$39	Tomato Cheese Pizza with Sweet Corn 	Japanese Teriyaki Chicken with Rice 	Bacon Mushroom Sauce with Pasta 	Hot Dog (with Pork & Chicken Sausage) with Fries 	Dragon Boat Festival
<u>Meal B</u> \$39 	Vegetable Tagine with Rice 	Mixed Vegetable & Tamagoyaki Stir-fried Udon 	Tomato, Pumpkin & Cannellini Bean Stew with Rice 	 Sustainable Dish Vegetarian Pad Thai 	
<u>Chef Special</u> \$45	Baked Pasta with Cheese & Broccoli 	Japanese Beef Donburi (Gyudon) 	 Sustainable Dish Pan-fried Tandoori Fish Fillet with Rice 	Grilled Chicken with Multi Grain Rice 	
<u>Starch</u> Apply for all Meal A or B	Steamed Rice Sweet Corn	Multi Grain Rice Roasted Potatoes	Multi Grain Rice Spaghetti Pasta 	Fries Multi Grain Rice	
<u>Soup Noodles</u> \$42	Thai Vegetable Noodles Soup 	Japanese Style Pork Noodles Soup 	Soy Chicken Wings with Noodles Soup 	Fish Balls with Noodles Soup 	
<u>Vegetables</u> 	Cabbage & Bean	Broccoli & Corn	Sautéed Cabbage & Shitake Mushroom	Cauliflower & Zucchini	

	Eat More 適宜	 Vegetarian 素食	 Egg Alert 含蛋類	 Fish Alert 含魚類	 Tree Nuts Alert 含堅果
Eat Moderately 限量	 Sustainable Seafood 可持續海鮮	 Dairy Alert 含奶類	 Shellfish Alert 含貝殼類海鮮	 Wheat Alert 含小麥	
Eat Less 少量		 Soy Alert 含大豆	 Peanut Alert 含花生		

Internal















Lunch Menu June 2026

Plant Forward
Monday

Tuesday

Wednesday

Fun Thursday

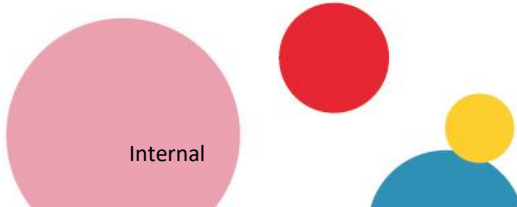
	22/Jun	23/Jun	24/Jun	25/Jun	26/Jun
<u>Meal A</u> \$39	Mexican Shredded Pork with Mixed Vegetables with Rice (little spicy)	Fish Fillet in Sweet Corn Sauce with Multi Grain Rice 	 Sustainable Dish Kimchi & Shrimp Fried Rice (little spicy) 		
<u>Meal B</u> \$39 	Pasta Baked with Corn & Spinach 	Japanese Curry with Veggies & Tofu with Rice 	Tomato & Kidney Beans Stew with Macaroni 		
<u>Chef Special</u> \$45	BBQ Roasted Chicken with Multi Grain Rice	 Bavarian Pork Roast with Roasted Potatoes	Garlic Thyme Grilled Whole Chicken Leg with Rice		
<u>Starch</u> Apply for all Meal A or B	Steamed Rice Penne Pasta 	Multi Grain Rice Roasted Potatoes	Steamed Rice Macaroni 		
<u>Soup Noodles</u> \$42	Smoked Duck Breast with Noodles Soup 	Beef Meatballs with Noodles Soup 	Vietnamese Lemongrass Pork Chop Noodles Soup 		
<u>Vegetables</u> 	Cabbage & Bean	Broccoli & Corn	Assorted Sautéed Vegetables		

Eat More 適宜 

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