

GSIS 2026 New Healthier Student Snack Offerings

Cold/Chilled Items for Café Menu Rotation

- Fresh Fruits (Banana/ Apple/Orange) \$7
- Fruit cup \$24
- Vegetable Sticks with Hummus (V) \$18
- Boiled Egg with Spinach & Cherry Tomato (V)  \$16
- Granola Pot with Berries & Greek Yogurt (V)  \$24
- Cheese Cubes & Crackers (V)   \$22
- Avocado Toast (V)  \$18
- Mini Whole Wheat Sandwich with Cucumber & Scrambled Egg (V)   \$16
- Beetroot Brownie (V)    \$22

Hot Healthy Snack (Canteen Morning Snack Rotation)

- Steamed Rice Roll with Soy Sauce (V)   \$12
- Baked Broccoli, Cheese & Potato Cutlet (V)  \$22
- Homemade Popcorn (V) \$12
- Chickpeas with Paprika, Breadcrumbs, Lemon & Chilli (V)  \$14
- Mini Veggie Muffins (1 pc) (V)    \$12
- Frittata Melt with Veggies (1 pc) (V)   \$15
- Stir-fried Red/Brown Rice with Vegetable Cup (V)   \$22
- Baked Tortilla Chips with Tomato Salsa (V)  \$16
- Meatballs with Tomato Basil Sauce (Pork & Beef) (4pc)     \$22
- Mini Ham & Cheese Toastie (wholewheat)    \$18
- Baked Chicken Nuggets    \$24
- Whole Wheat Cheese Toasties (1 pc) (V)   \$18
- Teriyaki Chicken Skewers (2pcs)    \$15
- Steamed Fish Siu Mai (6pcs)      \$15
- Curry Fish Balls (5pcs)   \$15
- Grilled Ham & Cheese Toasties (1 pc)    \$16
- Mini Hot Dog with Sauerkraut (1 pc)       \$18
- Home Made Vegetable Samosa (2pcs) (V)  \$16
- Spring Rolls (3pcs) (V)   \$12
- Cheese Garlic Bread (2 pc) (V)   \$12
- Roasted Chicken Leg (1 pc)     \$20
- Mini Chicken Pies (1 pc)     \$12
- Korean Fried Broccoli (4 pc) (V)    \$18
- Mini Quiches (3pcs) (V)     \$22
- Fish Burger (1 pc)      \$22

These healthy options will be featured on weekly menu rotations to provide a variety of snack and light bites each day at the canteen and café